



北美風沙
The North American Lasallians
FEBRUARY 2026



From NA Newsletter Editorial Board

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趙偉仁專訪



趙偉仁教授

人物專訪：中大醫學院院長趙偉仁教授人物專訪

本文摘要了香港中文大學（中大）醫學院院長趙偉仁教授（Professor Philip Chiu Wai-yan）的專訪內容。文中詳述了他如何從「醫學世家」背景成長，最終成為醫療機器人創新技術與醫學教育的先驅，並強調了他以心治病的核心理念。

教育啟蒙： 作為喇沙書院的傑出校友，趙教授歸功於母校的「一條龍」全人教育模式。學校平衡學術、運動與科學課外活動，啟發了他對科技的興趣。在青少年時期，他已嘗試利用早期個人電腦來控制機械臂等設備。

家庭薰陶：趙教授出身於醫學世家（父親為全科醫生，母親為護士）。他幼年在父親位於旺角的診所目睹病人的感激之情，這種潛移默化的影響使他從小扎根助人為樂之心。

外科熱誠：儘管中學時期成績屬於「中上水平」而非頂尖，但他進入中大醫學院後表現優異，並在臨床實習第一年就決定投身外科，因為外科手術能帶來最直接的成功感與成就感。

醫學哲理：除了專業技術，趙教授強調成為一名「好醫生」必須明白生死有命，並要在病人離世後，承擔起幫助家屬走出喪親之痛的重要角色。

趙教授的故事體現了個人興趣與專業責任的完美結合。作為院長，他持續倡導以創新技術守護生命，同時始終保持從醫時那顆充滿熱誠與愛心的「初心」

Source Information from HKET at <https://topick.hket.com/article/4051613?r=cpstni>

黃永棋 用羽毛球教識幼苗人生態度



90 後運動員黃永棋 轉型開拓體育教育新領域

本文介紹了前香港羽毛球代表隊成員黃永棋（Wong Wing-ki）從職業運動員轉型為體育教育者的經歷。他憑藉卓越的貢獻獲頒首屆《新城體壇 CEO 嘉許禮》獎項，肯定了他從球場轉向商界與教育界的成就，以及他「因材施教」的教育理念。

職業生涯與突破：黃永棋中三時毅然從喇沙書院輟學投身全職運動，是香港早期少數勇敢追夢的先鋒。他曾於 2011 年爆冷擊敗名將林丹，世界排名最高達第 10 位，並曾代表香港出戰 2012 年倫敦奧運。

印尼集訓與啟蒙：身為印尼華僑之子，他在父母支持下曾赴印尼集訓，與陶菲

克等名宿交流。這段經歷打破了他對羽毛球技術的固有認知，讓他意識到教學需與時並進，並領悟到體育訓練的核心在於人格與態度的培養。

轉型的挑戰： 疫情期間退役後，他創辦了「黃永棋羽毛球會」。他坦言運動員轉型極具挑戰，需從過去「純粹技術鑽研」轉向「學習與人溝通」及「商業管理」。他發現創業並非如運動訓練般付出與收穫必成正比。

教育理念： 作為教練，他致力於研究如何將專業技術有效傳授給不同背景的學生。他認為體育教育不應只追求成績，更重要的是教會學生如何面對失敗及處事態度。

獲得「體壇 CEO」獎項對黃永棋而言是肯定也是鞭策。他表示自己不安於現狀，未來希望能將羽毛球文化推廣至國際舞台，展現運動員退役後多元發展的可能性。



Once a Lasallian, Always a Lasallian.

Source Information from Metro available at: <https://metro.hk/54633>

The Lasallian Digest 2025

LSCOBA



We are proud to unveil The Lasallian Digest 2025, continuing a tradition that celebrates and connects our Old Boys through their stories, experiences, and achievements. Building on the success and positive feedback of last year's inaugural edition, this year brings fresh perspectives and deeper connections as we strive to unite our vibrant Old Boy community.

For the first time, every Old Boy with a Hong Kong address registered with LSCOBA will receive a physical copy of the Digest free of charge, alongside the electronic version, which is now available for public viewing on the LSCOBA website. By the time you read this, you should already have received your physical copy. If not, you may wish to update your address details with LSCOBA by emailing membership@lscoba.com.

This achievement would not have been possible without the generous support of our sponsors, whose commitment helps sustain this platform and enables our Old Boys to stay connected.

You can access this year's Digest electronically via this link: <https://www.lscoba.com/the-lasallian-digest-2025/>

Enjoy these stories, and may they inspire you to share your own Lasallian journey with generations to come.

For comments or suggestions, please contact the Joint Editors-in-Chief, Eugene Cheng (2004) and Christopher Lee (1998), at admin@lscoba.com.

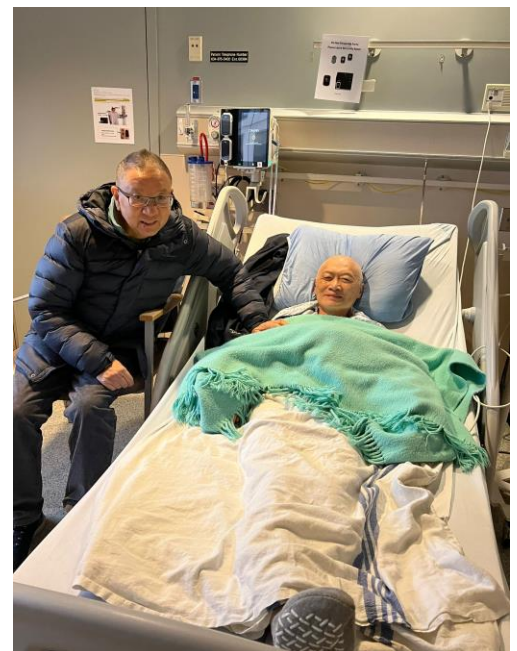
Peter Choy Post Surgery Visit

Victor Leung (77)

Peter Choy (Class of 1973) is a familiar face to many Lasallians, known for his active presence in both the Vancouver Chapter and the global La Salle community. His unwavering "La Salle spirit" has always been evident, which is why our community was deeply saddened to learn in early December that Peter was battling stage 3 stomach cancer.

We first heard of his declining health through Daniel Chung ('70), who shared the news with a close circle of brothers. Throughout his chemotherapy, Peter has been under the excellent care of his classmate and family physician, Dr. Anthony Wu ('73). To support Peter's family during his frequent hospitalizations, Daniel stepped up as an external caregiver—a gesture that deserves our deepest gratitude.

The journey has not been easy. Obstructed by a large tumor, Peter struggled to eat and his weight eventually fell below 110 lbs. Between the physical toll and the grueling side effects of chemo, he faced a period of deep depression. Understanding the power of our brotherhood, Daniel encouraged us to send Peter private messages of support. The response was incredible; Peter was so moved by the outreach that he began sharing health updates with the wider community on Facebook. It turns out Daniel was right—the La Salle spirit runs deep in Peter's veins.



In early January, we received the wonderful news that Peter's surgery was a success and the tumors were removed. Shortly after his discharge, the window for a face-to-face visit finally opened.

On the morning of January 24th, Nick Domingo ('63) coordinated a brief visit. To protect Peter's strength, we split into two small groups for 15 minutes each and followed strict Covid-19 protocols, including masking and social distancing.

No "Old Boys" gathering is complete without the school song. While we planned to keep the [singing](#) brief to save Peter's energy, he surprised us all. Instead of Nick leading a quiet chorus, Peter joined in with such vigor that he ended up leading us! It was a powerful reminder: Once a La Salle boy, always a La Salle boy.

Peter's successful battle and recovery is a heartwarming story that reflects the incredible power and cohesiveness of our brotherhood. La Salle is truly something more! Aren't we glad that we are part of this wonderful alma mater!



Left to right: Nick Domingo, Leo Ip, Peter Choy, Victor Leung, Frankie Au



Left to right: Peter Choy, Patrick Li, Anthony Wong, Tony Fung



Group photo after the visit outside Peter's house

The 10th Annual Hong Kong Masters Athletics Championships

Andy Szeto (79)



LSCAC team at Wan Chai Sports Ground



Team captain, Alan Cheung

La Salle College Athletic Team Triumphs on the 10th Annual Hong Kong Masters Athletics Championships Stage.

Last November, 2025, LSCAC master athletes took on the 10th Hong Kong Masters Athletics Championships at the Wan Chai Sports Ground, an international event held annually. Over two exhilarating days of competition, they proved that age is just a number, bringing home a result that showcases incredible grit and team spirit.

This year's championship was a massive gathering of over 1,000 participants from across the globe. Our own team, a formidable contingent of 102 members, rose to the challenge across a wide range of track and field events, each competitor pushing their personal limits for the team's cause.

That collective effort culminated in a truly nail-biting finish. Our team clinched the overall third-place trophy, securing the podium by the slimmest of margins—by a mere six points over the fourth-place team. This razor-thin victory underscores every single performance, every point earned, and every athlete's contribution as absolutely vital to our success.

To cap off the incredible weekend, athletes, and supporters gathered for a wonderful celebration dinner. It was an evening filled with camaraderie, laughter, and shared pride, honoring not just the medals and points, but the dedication and sportsmanship that defined our journey.

Congratulations to every member of our athletics team. Your hard work, competitive fire, and unity have made our community incredibly proud. Here's to building on this success as we look to the next challenge!

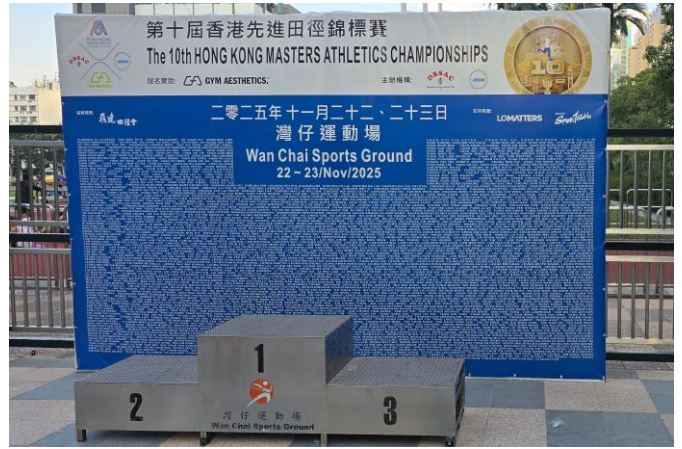


Rally assembly





Female team members with Brother Thomas



Names of all participants



Supporters from North America





The team won the 3rd place overall trophy

Old Boys in the New York Region is celebrating Chinese New Year



La Salle College Old Boys' Network New York / New Jersey Region



Chinese New Year Celebration – 2026

Please kindly reserve the date for this very special gathering and join everyone in welcoming the Year of the Horse.

Date: February 28, 2026 (Saturday)

Place: Orchid Chinese Restaurant

730 Franklin Avenue
Garden City, NY 11530
(516) 742-1116

Time: 12:30 p.m. – 4:00 p.m. (Full-course dinner will be served)

Cost: \$1,000 unused fund will be subsidized for this event; the final cost will depend on the total participants and will be determined on-site. Estimated to be \$40 - \$60 / person

Menu: House Special

RSVP: Please kindly contact Peter Lai (laip888@gmail.com) or text him at (609) 731-6880 **before February 14, 2026**

Please do not miss this New Year celebration with all Old Boys' families and a very special treat from James Ng (66) as always.

Mark the Date on your calendar

Toronto OBA Spring Dinner March 8, 2026

To Our Dear La Salle Brothers,

On behalf of the Hong Kong La Salle College Old Boys' Association, Toronto Chapter (HKLSOBA-Toronto), it is with great warmth and fraternal spirit that we extend this invitation to you, your family, and your friends. We cordially invite you to join us for the Louis Pomeroy Memorial Mah Jong Tournament and Chinese Spring Dinner, an occasion to reunite, reminisce, and strengthen the bonds of our Lasallian family.

Event Details:

Date: Sunday, 8 March 2026

Venue: NKS Banquet Hall 帝寶名宴 (8360 Kennedy Road, Unit B06, Markham, ON L3R 9W5)

Schedule:

Mah Jong Tournament: 1:00 PM – 6:00 PM

Chinese Spring Dinner: 7:00 PM – 10:00 PM

Contribution per Person:

- \$80.00 (Includes mahjong entry, afternoon light refreshments, and dinner)
- \$70.00 (Dinner only)
- \$35.00 (Students)
- Complimentary for Seniors aged 80 and above

Kindly confirm your attendance by 2 March 2026 to assist us with arrangements.

Please RSVP to:

Kevin Kwok (Class of '88)

President, HKLSOBA-Toronto

Phone: 647-928-5880

Email: kevinkwok26@gmail.com

This gathering promises an afternoon of friendly competition, followed by an evening of delicious cuisine, heartfelt fellowship, and shared memories. It is a celebration of our brotherhood, our heritage, and the enduring Lasallian spirit.

We truly hope you can join us for this special occasion. Let us come together as we have always done—as brothers.

With warmest regards and in solidarity,

Kevin Kwok ('88)

President

HKLSOBA-Toronto

Joint School Chinese New Year Celebration – February 21, 2026

Subject: Invitation: Joint School Chinese New Year Celebration - February 21, 2026

Dear Lasallians,

On behalf of the La Salle College Old Boys' Association, I am pleased to inform you of an upcoming Chinese New Year celebration hosted by the Hong Kong Joint Schools Alumni Association (HKJSAA). This is a wonderful opportunity to reconnect with fellow alumni from our school and other participating Hong Kong schools in a festive, welcoming environment.

Event Details:

- Date: Saturday, February 21, 2026
- Venue: NKS Banquet Hall (帝寶名宴), 8360 Kennedy Rd, Unit B06, Markham

Participation Options:

1. Mahjong Competition and Dinner
 - Time: 1:00 PM registration; competition begins at 1:30 PM
 - Cost: \$75 per person
2. Dinner Only
 - Time: 6:00 PM reception; dinner begins at 7:00 PM
 - Cost: \$70 per person

Registration:

Please register by contacting me directly at kevinkwok26@gmail.com.

Let us come together to celebrate the Lunar New Year, enjoy good food, and strengthen the bonds within our Lasallian and broader Hong Kong alumni community. Your participation will help make this special event a success.

Thank you, and I look forward to seeing many of you there.

Best regards,

Kevin Kwok

President

La Salle College Old Boys' Association – Toronto

Vancouver OBA Chinese New Year Celebration



The banner features a central crest with a sunburst, a teapot, and the motto "FIDES ET OPERA". It is flanked by red lanterns and cherry blossoms. Below the crest, the text reads: "LSCOBA Vancouver Chapter", "Chinese New Year Dinner", "龍皇鮑翅海鮮酒家 Neptune Seafood Restaurant", "Unit 100-110, 8171 Ackroyd Road, Richmond.", "Seafood Dinner, Karaoke, Games & Prizes", "6pm -10 pm", and "RSVP to James Ng by March 1, 2026, by Whatsapp or email". A scroll displays "MARCH 8, 2026" and a price tag shows "\$60". The background includes traditional Chinese buildings, a golden horse, and gold coins.

LSCOBA Vancouver Chapter
Chinese New Year Dinner
龍皇鮑翅海鮮酒家 Neptune Seafood
Restaurant
Unit 100-110, 8171 Ackroyd Road, Richmond.
Seafood Dinner, Karaoke, Games & Prizes
6pm -10 pm
RSVP to James Ng by March 1, 2026, by Whatsapp or email

MARCH 8, 2026
\$60

James Ng Contact Info: Whatsapp- 604-657-0890; Email: jamesng99@gmail.com

Once Upon a Time in Argentina, World Cup 1978 (Part 1)

Danny Leung (71)

The 1978 World Cup was staged in Argentina in the most controversial fashion. It opened up a new era for the host, a perennial underachiever in the World Cup, to new heights. About one dozen games were broadcasted live through gigantic screens at the Maple Leaf Gardens hockey arena and a small St. Claire Theatre in Toronto with a hefty admission price of \$32 CDN and half price for youth. For the first time, I watched 6 to 7 satellite games and witnessed frenzy fans with their national flags screaming “I-ta-lia” and “Ar-gen-tina” whenever their beloved countries played.

Background

A few years before the World Cup, Argentina’s president Peron and his government were overthrown. A military regime started with disappearances, murders, torture and citizens lived through a reign of terror. General Videla, the new leader and dictator, had his eyes on the trophy at all costs to spread his political propaganda and boost the troubled economy. The Europeans, notably Holland, were hesitant to send teams over. A few months before the tournament, the Dutch master Johann Cruyff’s house was broken in and his whole family was threatened not to participate.

The Winner – Argentina

Prior to 1978, Argentina’s biggest World Cup achievement was runner-up losing to the host Uruguay in 1930. Four different Argentine clubs had since won the Intercontinental Cup, now the FIFA World Club Cup, by beating the European champions from 1967 to 1977. The Argentineans were famous for their neat short pass and ball control skills. They were also infamous for their vicious on and off the ball fouls. Their Football Association soon realized that pure skills and dark arts could not win the World Cup. The country needed a savior in charge and luckily they had one!

Coach – Caesar Menotti, nicknamed El Flaco (The Slim), long hair and chained smoking; joined the national team as a technical staff after the 1974 World Cup. He was a people oriented person who exerted a personal touch to his players. Menotti witnessed the shortcoming of his countrymen after being hammered 4 unanswered goals by the Dutch and decided to transform the team to a new direction. His motto in football was to play attractive free flowing football as well as to entertain the fans. The fundamental was based on ideas and not relying heavily on tactics. Menotti picked his young squad with an average age of 25 and only two players were at the age of 30. Apart from the “exile” Mario Kempes, the season top scorer with 28 goals at Valencia of Spain; all the players were playing their club football in Argentina.

About the North American Lasallians

This electronic newsletter is a joint bimonthly publication, aiming at fostering communications and serves as a channel to reconnect La Salle old boys in North America and beyond. We welcome submissions of articles and photos that may be of general interest to the old boys community, including, but are not limited to, official announcements and recaps of events hosted by Chapters in North America and/or dedicated old boys (such as class reunion and excursions); old boys community updates from Hong Kong; news and stories of old boys overseas; La Salle related heritage; as well as a few words and/or photos of nostalgia.

Brother Thomas said it quite well at the inauguration of this newsletter in 2009: "The big challenge will be to ensure that that second, third and more editions see the light of day. It will only continue if each Chapter supplies news, views and copy on a regular basis." It would be even better if the word "Chapter" is replaced by "Lasallian". You are urged to help nourish this newsletter by contributing articles, news and even just pictures as often as you can. The subjects of your contributions need not be limited to only materials regarding LSC, LSPS, OBA chapter, HKLSCOBA and old boys, but may also include other subjects that are of general interest to the old boys community.

The editorial board reserves the rights to oversee and edit all submissions, to ensure all contents meet our publication standards, as well as are appropriate for the newsletter's intended audience & global circulation. Our editorial board has the exclusive right to reject submissions deemed to be not in line, or incompatible with the purpose or spirit of this newsletter at our sole discretion.

Previous issues of the newsletter are available on HKOBA website at <https://www.lscoba.com/north-american-lasallians-newsletter/>

If you want to communicate with the editorial board or subscribe, please send email to Na_editors@googlegroups.com

The Chief editors appreciate Denny Leung (71) for his contribution to this issue.

Chief Editors

Victor Leung (77)
Kevin Kwok (88)
Chris Fong (94)
Ambrose Lee (98)
Eddie Liu (88)
Andy Szeto (79)