

AUGUST 2025



蔡俊彥 男子花劍 世界第一



La Salle Dragon Boat Team

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蔡俊彦(14) 男子花劍 世界第一

星島頭條

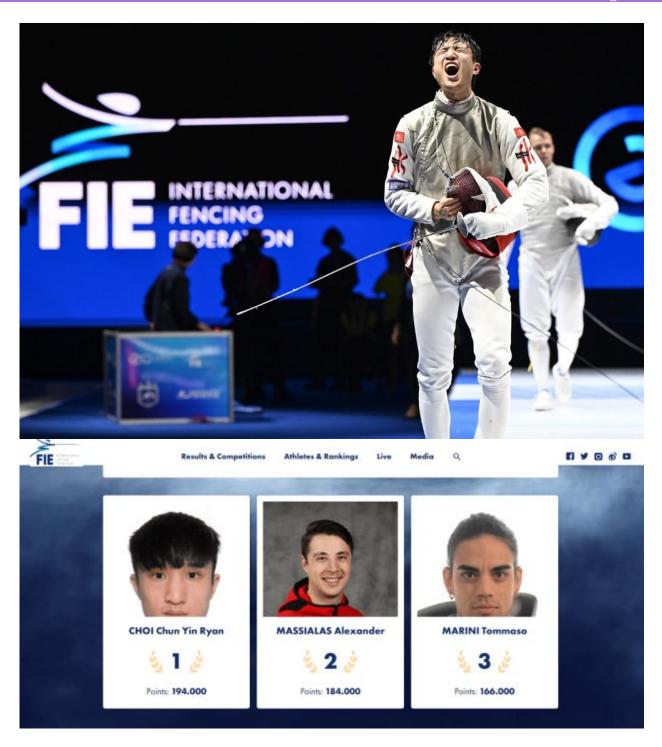
(星島頭條)蔡俊彥(Ryan)剛在世界劍擊錦標賽男子花劍奪得金牌,成為香港男花歷史第一人。而這位新任「世界冠軍」,亦在最新公佈的 FIE 世界排名榜由原本的 11 位急升上第 1 位,於不足 24 小時接連達成「世冠」及「世一」美夢;至於「劍神」張家朗,由於在世錦賽首圈意外出局,失去不少分數,由世界第一跌落第 13 位。

蔡俊彥累積 194 分登「世一」

蔡俊彥在過去 2 個月連奪上海大獎賽、亞洲錦標賽及世界錦標賽 3 面金牌,令他獲得的分數提升不少,尤其今次世錦賽,冠軍的得分有 80 分,目前他以累積總分 194 分首次成為「世一」。其實他在上月榮登「亞洲冠軍」後,曾經提及如果世錦賽能夠奪牌,或可升上世界排名第一,「我一開始做全職運動員(2018 年),都是想成為世界排名第一。」

蔡俊彥連奪兩大賽金牌重拾目標

蔡俊彥續稱:「之前可能經歷太多低潮,有啲放低這些目標,覺得有機會不可行(成為世界第一),但經過這2個比賽(上海大獎賽金牌和亞錦賽金牌)後,我可以重拾番追逐這個目標(世一)的熱誠。」蔡俊彥以往最高的世界排名,曾於2022年達到第6位;由於世錦賽是今個賽季(2024-2025年)的最後一項比賽,預計他亦首次榮升為「年終第一」(去年張家朗奪年終第一)。



蔡俊彦(14) 男子花劍 世界第一

曾俊華 (69) Facebook post excerpt

喇沙校友蔡俊彥 Ryan Choi 啱啱喺世界劍擊錦標賽,贏到男子花劍金牌,我哋喇沙書院上上下下都真係開心到不得了。

早喺兩個月前,Ryan 喺花劍大獎賽上海站,贏得佢劍擊生涯中,第一個頂級國際賽事嘅金牌,我都有 喺我做咗多年嘅電台節目「薯片鬚 Music」裡面,分享過呢位小師弟嘅成長故事。Ryan 係好特別嘅一位劍手,當年佢入讀喇沙有幾耐,就加入咗劍隊,到中二我哋教練隊伍就安排佢,加入代表學校參加 校際比賽嘅校隊。當年佢最吸引我同助教嘅,係見到呢個小朋友眼中嗰團火,係其他人有嘅,呢種爭 勝心,推動佢絕不放棄嘅態度,好有創意咁去應付不同對手,喺各方面亦都不斷進步,加上佢係一個 好聰明、體能同技術俱佳嘅劍手,喺比賽場上,不時都可以做出一啲,對手估唔到嘅怪招,佢嘅招數 變化多端,經常都將對手殺個措手不及。

不過,呢團火同時亦都會令佢個性急躁的,所以我哋成日哦佢,希望佢用忍戒急,咁先至能夠喺講求穩定嘅劍擊場上,持續攞到好嘅成績,所以聽到佢喺贏得世錦賽之後,話自己最近唔知點解變得更有耐性,改變咗劍場上衝動嘅性格,知道佢終於開咗竅,實在係好令人感動。

我一直都覺得 Ryan 係有機會同能力,參加多一兩屆奧運嘅,依家佢攞咗世界冠軍之後,更多人希望佢成為下一個張家朗。不過,依家距離 2028 年洛杉磯奧運,仲有成三年時間,我希望佢依家贏咗三個大比賽之後,可以有機會放鬆一下,dup dup brake,唔好扯得咁緊,喺呢段期間,做番多啲基本訓練,保持體能同正面嘅情緒,到接近奧運先至操番上去,幫佢拉返上最高狀態,所謂 peaking。我總係覺得,喺劍擊比賽嘅世界裏面,排名頭一百左右嘅選手,都有條件你贏我,我贏你,大家都有相同嘅體能同技術,有時因為走線、臨場狀態甚至運氣,排名第九十九嘅都可以擊敗「世一」,所以每一步都要有耐性,有部署咁去走。

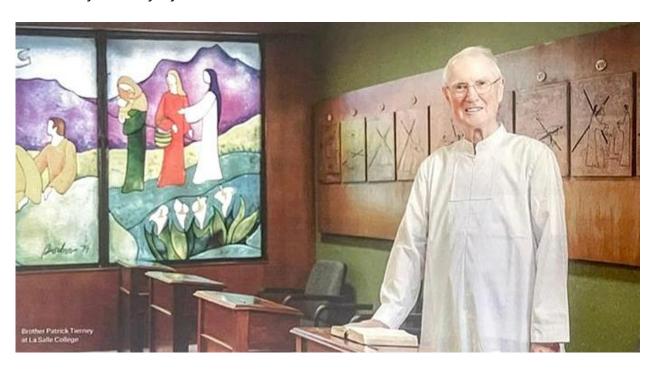




Brother Patrick Tierney

South China Morning Post Sunday Magazine

The veteran of La Salle's Hong Kong Catholic schools tells Annemarie Evans about devoting himself to education and his fondness for football.

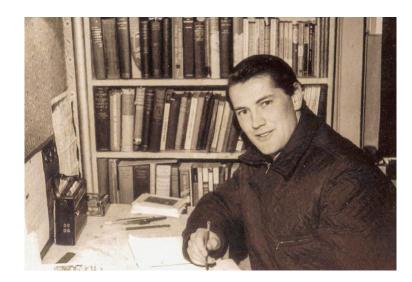


I was born in 1942 on a mall farm in the west of Ireland. We were poor, no toilet, no electricity. We did not have animals, cows and pigs, turkeys and hens, but it was hand to mouth, because we were a big family. There were 12 children and I was No. 12. We sold milk and eggs. It was a village called Snugboro, near Castlebar in County Mayo. Castlebar is the county town and there was a La Salle school there and that's where I went. In Primary Six a recruiter for the Catholic La Salle Order came in and said: "Would you like to join the brothers?" I raised my hand. That was the beginning. 70 years ago. My oldest brother, Thomas, also joined the La Salle brothers.

My mother had to go shopping for pajamas, shoes and football boots, I really wanted those. We didn't have a football sport from in primary Four, when Brother Conleth onganised the town into street leagues. That was Gaelic football, of course. I was sent to Mallow, in County Cork, to this place run by the brothers and then on to County Laois to prepare for 0-levels. Then we had to do one year of spiritual formation. That was tough. There was a lot of prayer, a lot of chapel and a lot of manual labour as they had big grounds. There was a lot of silence.

La Salle is all about education (The De La Salle Brothers, officially called the Institute of the Brothers of the Christian Schools, was set up in France in 1680 and is a Catholic order dedicated to education). So, the mission basically is educating young people, hopefully for the betterment of society in the future. To me, it's the most beautiful vocation in the world. We're dealing with young people who help us to be young also in mind and heart.

So that was the novitiate year and we were asked, "Would anyone like to go to the Far East?" And up went my hand. First, we went to England, and it was there that we did our A-levels and teacher training collage. Two years in the beautiful Berkshire countryside in a village called Kintbury. And then three years at a teacher training college run by the brothers in Middleton, on the outskirts of Manchester. This was the early 60s, and that's where some of us fell in love with Manchester United, because you had these legends there. You know, 1963, 64, you had Bobby Charlton, Denis Law, George Best. We were sometimes allowed to go to Old Trafford and watch them. We hardly ever saw them lose, not like nowadays, where they're losing quite a bit.



Brother Patrick as a student at
University College Dublin
in the late 1960s

In 1964, two of us were selected for Hong Kong. My first assignment was St Joseph's College. In 1967, 1 had a very good view from the roof of our college which is on Kennedy Road, looking down at the Hilton Hotel intersection where rioting occurred. I also had a very good view of the students marching up, chanting and holding up Mao Zedong's "little red book".

I taught for four years - English, religious studies and PE (physical education). Then, after a holiday with my family in Ireland, I was sent to University College Dublin, where I studied English literature and history, mainly of Europe. We had a great time at university. I got into bad habits, including smoking. Everybody smoked. You could not imagine having a Guinness without smoking. But I got rid of all that later. We were also sent to help out in orphanages or homes for delinquents because we ran some of these. I was sent to Northern Ireland and again, wow, 69 was the riots in Northern Ireland. It was a bad time but we continued to run the schools. By the time I finished university, it was the early 70s and I carried on teaching at St Joseph's. Then the principal had to go to our secondary school in the New Territories, and I was kicked upstairs (made principal of St Joseph's College in 1974). The old boys still talk about how they got out of the shanties of Lion Rock, Diamond Hill, Sham Shui Po and so on, when they were accepted here, and the huge change it made in their lives. We had a nice mix of them, the middle class and then some who were rather well off.

So 12 years as principal. I was looking for a successor and eventually got one in 1986, Brother Thomas Favier. He's passed away now. I then had this marvellous idea of studying Cantonese at Chinese University for 18 months. My character? Pretty adaptable and patient. I do not like any form of bitterness, anger or violence. I guess I'm peaceable and I like humour. I like to read and write and there's my books (Tierney is also a published author). I write poetry and one-page stories.

In 1990, I was called to Kowloon, to La Salle College (where he became principal in 1998). This is a very focused vocation; you are for education. You are not for pastoral work. You are not for saying mass, so we are not ordained to be a priest. We take vows as brothers, vows of poverty, chastity, obedience and serving the poor and needy in education. Did I ever waver? Many times, and that's why the hand must remain up.

It's the 150th anniversary of our presence in Hong Kong. In 1875, four French and two Irish brothers arrived. The bishop (Timoleon Raimondi) had kept trying to get us to come to Hong Kong. During that period, we were lucky to have enough brothers to open eight schools, and to this day we have eight schools; three primary schools and five secondary schools.

Our most famous student was Bruce Lee. Another one is Dennis Lo, who is the new president of Chinese University. And Leslie Santos, who became a very good footballer, representing Hong Kong. He had no interest in study but he had a beautiful touch for football.

Our district is now seven areas: Japan, the Philippines, Hong Kong. Thailand, Myanmar, Malaysia and Singapore. I would go to all these places, attend meetings, get update reports, encourage them. We have an international school in Kuala Lumpur and I was made president of that when we opened it. I did all of that until a few years ago, when I got some health trouble and that more or less put an end to the travelling. I live right here on this floor in La Salle College with the other brothers. All the way down there are the brothers` rooms. We have just two Irish brothers left in Hong Kong. There are six of us in total, but from different places – Filipinos, Indians ... I'm not writing so much now; I think I've done enough. Oh sorry! There's one book coming out next month. It's another of those miniature stories. I am calling it Snaps.

Brother Thomas 60th Anniversary as LSC Teacher

Charles Chan (77)



1965 Appointment from Christian Brothem' Headquarters, Romo: new Principal, Sub-Director and Vice-Principal for La Salle College. 25th July La Sulle Music Society's 3rd Variety Concert, organized by the Junior Committee members. 5th June Historic day for La Salle College, Kow-loon: after 33 years it has an off-shoot: foundation day of De La Salle School, Sheung Shui, N.T. Form Five atudents held their Graduation Dinner in the College Hull. 13th June Farewell Concert organized by the Student Council in honour of Rev. Bro. Felix, Principal, who will soon be taking up a new post in the new Chris-tian Brothers' School in Sheung Shui, 25th June The 1964-65 Lamllite is out! 26th June Farewell Dinner in honour of Rev. Bro. Felix, given by the Staff. 35 boys from La Salle College are confirmed by His Lordship, Bishop L. Bianchi D.D. in Bishop Valturta Memorial Chapel (King's Park), Kow-loop In Augt. Rev. Brother Thomas F.S.C. arrives from Ireland to join the Stuff. Bishop Francis Chan of Penang, Malaysia, stays in La Salle while recuperating from medical treatment. 28th June Forms 1-4 Promotion Examinations begin today. 16th July School closes for the year 1964-65. 18th Augt. 3rd Eurolment of Junior Red Cross Members, 23rd (La Solle) Link, 17th July Rev. Fr. James Lea, Chaplain of La Salle College, leaves for Ireland for a well deserved 7 months' holiday. 3rd Sept. School reopens for the 1965-66 acude-mic year with an enrolment of 1375.

A big congratulation to our beloved Br Thomas on reaching another remarkable milestone on the 60th anniversary of his joining LSC as a teacher. We thank him for the 60 years of most dedicated work, faithful service and inspiring leadership. May God continue to bless him for many more to come!

Friendly Football Match with St. Joseph's College Alumni in Toronto

Toronto Chapter

The La Salle College Old Boys Association (LSCOBA) Toronto was honored to participate in a memorable soccer match against our brother school, St. Joseph's College Alumni, as part of their 150th Anniversary celebrations. The game was a testament to the enduring camaraderie, sportsmanship, and shared values between our two institutions.





For decades, Lasallians and Josephians have fostered a bond built on mutual respect, friendly rivalry, and a passion for the beautiful game. This special match was no exception—filled with thrilling moments, teamwork, and the unwavering spirit of both alumni communities. LSCOBA treasures this tradition deeply, as it not only strengthens ties between our schools but also upholds the Lasallian and Josephian ideals of brotherhood, excellence, and fair play. The match was more than just a game; it was a celebration of heritage, friendship, and the shared memories that connect us across generations.





We are also proud to debut our brand-new Toronto Soccer Jerseys, meticulously prepared by Brian Tsang (Class of 2002), adding a fresh and spirited look to our team as we continue this storied tradition.

We extend our heartfelt gratitude to the St. Joseph's College Alumni Soccer Team and the entire Josephian community for their warm hospitality and spirited competition. The match exemplified the very best of our traditions, and we look forward to many more encounters in the years to come.

Here's to keeping this wonderful tradition alive—may our friendly rivalry continue to inspire future generations of Lasallians and Josephians alike!

In the Spirit of the Game, La Salle College Old Boys Association (LSCOBA) Toronto

"Once a Lasallian, Always a Lasallian."



Mr. Alex Kwok in Toronto

Toronto Chapter

We are truly blessed to welcome Kwok Sir (Mr. Alex Kwok Chi Keung) to Toronto - a devoted educator, spiritual guide, and cherished mentor who shaped generations at La Salle College. His teaching of Mathematics and Religious Studies transcended textbooks, instilling in us enduring values of discipline, faith, and compassion. Though decades have passed, the lessons he imparted remain etched in our hearts. This gathering is more than a reunion; it's a celebration of the unbreakable bond between teachers and students.

The overwhelming response speaks volumes about our Lasallian spirit - despite just 36 hours' notice, nearly 40 old boys have rallied to join this impromptu reunion, proving that our LSC connections withstand both time and distance!

We are profoundly honored to be joined by other beloved retired teachers - Mr. Shum Mou Kei, Mr. Chan Tong, and Miss Alice Sitt - whose wisdom continues to inspire us long after our school days. Special thanks to Peter Choy ('73) of the Vancouver Chapter for facilitating Kwok Sir's visit - your thoughtfulness made this joyful reunion possible!

As we cherish this precious moment together, let us honor our teachers' legacies by living the values they taught us. Thank you, Kwok Sir and all our beloved teachers, for lighting the way - your influence truly transcends time and space!









Toronto and Hong Kong Old Boys

Toronto Chapter

Lasallians are bound by a brotherhood that knows no distance—a bond forged in shared values, memories, and an unbreakable spirit. Peter Tse (88), Class Coordinator Subcommittee Convenor, and Jeremy Lok (05), Young Member Subcommittee Convenor, exemplified this unity by visiting Toronto, bridging generations and continents with their dedication. Meanwhile, Ken Wong (90), Vice President of the Toronto Chapter, returned to Hong Kong for the OBA HK Annual General Meeting, proving that no matter where life leads, the call of La Salle brings us home. These connections are not just meetings; they are a testament to the enduring legacy we carry forward. Let us continue to honor this tradition, strengthen these ties, and pass on the torch of brotherhood—because once a Lasallian, always a Lasallian, and together, we rise!



Jeremy Lok (05)











Peter Tse (88)





UK La Salle London bike ride

David Ho (94)

Dear Lasallians,

We successfully finished our 3rd annual La Salle London bike ride event today. It was a very hot day, reaching 30c in the afternoon. 9 of us enjoyed the journey, it was filled with lots of sweat and laughter.

Throughout the journey, we overcame a number of challenges together. Including, lifting bicycles down and up again at those steep staircase at Greenwich Foot Tunnel, and pushing one another to complete the journey under the heatwave. All these circumstances made us stronger and more memorable.

We want to showcase cycling in London is easy and safe, it is a part of the British culture that everyone can participate and enjoy.

Apart from training our body, we had an amazing riverside lunch to refill our hungry stomach, this was definitely the highlight of the day!

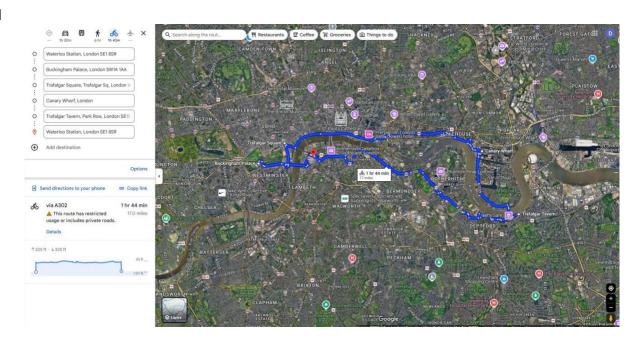
Let the fun continue, a few more events are coming up in 2025:

- 1. Dinner gathering with Dr Daniel Wong 1/8 (Fri)
- 2. London Hiking 30/8 (Sat)
- 3. Manchester Dim Sum gathering (Q4 2025)

Please sign up accordingly.

Kind regards,

David











曼聯名宿蘭尼訪喇沙書院

獨媒



英超球隊曼聯昨日訪港,今晚將與港隊在香港大球場進行表演賽,「紅魔鬼」名宿蘭尼亦來到本港,今早到位於九龍城的喇沙書院,並親身落場與學生交流。該名葡萄牙國家隊前成員蘭尼勉勵一眾初中學生,指必須享受足球:「足球係要好好享受,要學習面帶微笑,面帶微笑便甚麼都有可能。」

現年 38 歲的蘭尼曾替曼聯贏得四次英超冠軍、一次歐聯冠軍,在離開「紅魔鬼」後曾效力多間歐洲球會,至去年才退休。在分享足,蘭尼表示,在小時候便希望成為職業足球員,但一切都來得很快,「有夢想最緊要」。

談到兒時偶像,蘭尼自言最喜歡前輩費高,一直視對方為偶像:「就算有偶像,都要繼續學習不同成功球員的足球技巧。」蘭尼又稱小時候較為獨立,慢慢學會團隊合作。

喇沙書院主教練黎柏勇向蘭尼介紹一眾校隊成員,蘭尼則稱,希望與他們分享射門技巧。蘭尼最後勉勵學生,希望他們能享受足球,「足球係要享受,面帶微笑便甚麼都有可能」。

蘭尼及後與曼聯青訓教練,向學生傳授足球技巧,他在展示秀麗腳法的時候就換來不少吶喊聲。

Activity Announcements



[LSCOBA Gala Dinner 2025 - The Flaming Torch]

LSCOBA is delighted to announce that it will host its annual Gala Dinner (previously known as the Annual Ball) on 6 December 2025 at the Regent Hotel. The theme this year is "The Flaming Torch", which symbolises the Lasallian spirit that we pass on from one generation to the next.

What's new this year? New venue, lower ticket price, and 50% of the event profit will be donated to LSC. Want "something more"? Save the date first and stay tuned for more pleasant surprises!

Tickets will be on sale in August. For more details, please contact our:

- President Dr Daniel Wong (99)
- Gala Dinner Chairman Mr Desmond Cheung (04) (9319 0202), or
- LSCOBA Administrator (5543 6403 / admin@lscoba.com).

[**b** LSCOBA 2025 年度晚宴 - 薪火相傳 **b**]

LSCOBA 宣佈, 我們將於 2025 年 12 月 6 日 (星期六)假尖沙咀麗晶酒店舉辦年度晚宴(前稱年度舞會)!今年的主題是「薪火相傳」,象徵代代相傳的喇沙精神。

- → 今年有什麼新亮點?
- 全新場地 麗晶酒店
- 更低價格
- 50%的利潤將捐贈給喇沙書院
- 更多精彩驚喜即將揭曉!
- ■門票將於8月開始發售。請先記下日期,密切留意更多更新!
- **之**查詢詳情,請聯繫:
- 會長: Dr Daniel Wong (99)
- 晚宴主席:Mr Desmond Cheung(04)(93190202)
- LSCOBA Administrator (5543 6403 / admin@lscoba.com)

LSCOBA Vancouver Chapter BBQ/Picnic Party



Toronto Joint School Soccer Fun Day – August 10, 2025

Dear La Salle Old Boys,

We are delighted to extend a special invitation to you for the 2025 Joint School Soccer Fun Day, scheduled for Sunday, August 10, 2025, from 12:00 PM to 5:00 PM at Bayview Reservoir Park. This event promises to be a memorable gathering of camaraderie, friendly competition, and shared passion for the beautiful game.

Whether you're a seasoned player or simply eager to reconnect with fellow alumni, this is your chance to relive the spirit of teamwork and sportsmanship that defines our community. Together with teams from Chinese University Alumni, Joint Salesian, St. Joseph College Old Boys Association, and Wah Yan College, we'll celebrate the bonds that unite us both on and off the field.

Event Highlights:

■ Date: August 10, 2025 (Sunday)

Time: 12:00 PM – 5:00 PM

Location: Bayview Reservoir Park

Activities: Friendly matches, skill challenges, and fun for all skill levels

Come prepared with your soccer gear, enthusiasm, and team spirit! This is more than just a game—it's an opportunity to strengthen ties, create lasting memories, and inspire the next generation of athletes.

For any inquiries, please contact Kevin Kwok at kevinkwok26@gmail.com. You may also reach out to any Chapter director or advisor for assistance

Let's come together for an afternoon of unity, joy, and the enduring Lasallian spirit. We can't wait to see you there!

Best regards, Kevin Kwok President, LSOBA-Toronto Chapter

Toronto Annual Picnic – August 17, 2025

Dear La Salle Old Boys,

We are delighted to invite you, along with your family and friends, to our annual picnic—an excellent opportunity to reconnect, relax, and enjoy good company.

Event Details:

Date: Sunday, August 17, 2025Time: 11:00 AM – 3:00 PM

Contain Contai

\$ Fee: Free (Food will be served starting at noon)

To help us plan accordingly, RSVP by emailing Kevin Kwok at kevinkwok26@gmail.com with the number of attendees in your group. You may also reach out to any Chapter director or advisor for assistance.

We look forward to sharing a fun and memorable day with you!

Best regards, Kevin Kwok President, HKLSCOBA-Toronto

About the North American Lasallians

This electronic newsletter is a joint bimonthly publication, aiming at forestering communications and serve as a channel to reconnect La Salle old boys in North America and beyond. We welcome submissions of articles and photos that may be of general interest to the old boys community, including, but are not limited to, official announcements and recaps of events hosted by Chapters in North America and/or dedicated old boys (such as class reunion and excursions); old boys community updates from Hong Kong; news and stories of old boys overseas; La Salle related heritage; as well as a few words and/or photos of nostalgia.

Brother Thomas said it quite well at the inauguration of this newsletter in 2009: "The big challenge will be to ensure that that second, third and more editions see the light of day. It will only continue if each Chapter supplies news, views and copy on a regular basis." It would be even better if the word "Chapter" is replaced by "Lasallian". You are urged to help nourish this newsletter by contributing articles, news and even just pictures as often as you can. The subjects of your contributions need not be limited to only materials regarding LSC, LSPS, OBA chapter, HKLSCOBA and old boys, but may also include other subjects that are of general interest to the old boys community.

The editorial board reserves the rights to oversee and edit all submissions, to ensure all contents meet our publication standards, as well as appropriate for the newsletter's intended audience & global circulation. Our editorial board has the exclusive right to reject submissions deemed to be not in line, or incompatible with the purpose or spirit of this newsletter at our sole discretion.

Previous issues of the newsletter are available on HKOBA website at https://www.lscoba.com/north-american-lasallians-newsletter/

If you want to communicate with the editorial board or subscribe, please send email to Na_editors@googlegroups.com

The Chief editors appreciate David Ho (94) and Charles Chan (77) for their contributions to this issue.

Chief Editors

Victor Leung (77) Kevin Kwok (88) Chris Fong (94) Ambrose Lee (98) Eddie Liu (88) Andy Szeto (79)