



北美風沙
The North American Lasallians
FEBRUARY 2024



Wishing fellow Lasallian a happy, healthy, and prosperous Year of the Dragon
祝各位喇沙學友, 龍年身體健康, 萬事亨通!
From the NA Newsletter Editorial Board

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舊生點滴 薪火相傳－專訪黃耀明教授

HKOBA

我們有幸邀請到 84 年畢業舊生黃耀明教授（Dr. Roger Wong）受訪。黃教授現為加拿大卑詩大學（The University of British Columbia）醫學院副院長，擔任內科學系教授，同時亦是診治腦退化症的專家。黃教授自 07 年開始每年回校主講 Medicine Career Workshop，為有興趣於醫療業界發展的同學作講解，持續至今。



問：Dr. Wong 由喇沙畢業至從事醫學教育期間必定幾經轉折。有哪些時刻或範疇對您至為重要？

我在喇沙的成長歷程，對我而言意義非凡。從學生到成為專業醫生及大學教授，我的追求始終是以生命影響生命。無論是在老人科醫生的崗位上，或是從事醫學教育，我的目標都是服務社會，尤其關注弱勢群體。在服務長者方面，我著重於對這群體的關懷與支持。此外，我積極參與醫療服務工作，希望為社會帶來更大的貢獻。每年回校舉辦 Medicine Career Workshop，與師弟們分享經驗，亦讓我深感喇沙精神的偉大。



問：提及服務社群，這是喇沙精神的核心之一。您認為 **Medicine Career Workshop** 如何反映喇沙的服務精神？

作為喇沙仔，我深信服務社群是我們的責任。**Medicine Career Workshop** 是實踐喇沙服務精神的絕佳例子。透過這個工作坊，我們為有志於服務醫學領域的師弟提供深入了解有關專業的機會。此外，工作坊不僅提供知識，亦可激勵和啟發年輕人，通過分享醫學實踐經驗，培養他們對醫學的興趣和社會責任感。

問：您在醫學職業生涯中遇過哪些特別的挑戰，並如何以喇沙精神克服？

全球新冠疫情對我們所有人都造成深遠影響，醫學教育和實踐上也面臨巨大挑戰。面對這些困難，我們必須快速適應新的教學模式。在這過程中，喇沙的教育理念—**Fides et Opera**（信念與行動）為我提供了堅持和適應的動力。儘管挑戰重重，我們通過團隊合作，堅持不懈，成功跨越了這一危機，繼續實踐我們的教育使命。



問：Dr. Wong 在醫學職業服務多年，喇沙精神如何影響著您？

喇沙精神深深影響了我的醫學職業生涯。作為醫生和教授，我認為回饋社會是我的責任。無論是在醫療服務、教學工作還是學生指導中，我都盡力體現喇沙的服務精神和喇沙仔的社會責任。我致力於不斷提升自身專業水平，以更好地服務社會和幫助他人。此外，我也重視自己的身心健康，因為這是要貢獻社會前的基本條件。

問：對於未來的計劃，您有何目標希望在未來幾年實現？

我希望能繼續推動和發展醫學教育和培訓。特別是加強與學校的合作，以滿足學生的需求和促進學術創新。我也期望通過持續的專業發展和學術研究，為醫學界作出更大的貢獻。在個人層面，我希望繼續成為下一代喇沙仔的榜樣，激勵他們追求夢想，實現潛能。



問：您認為師友計劃在個人和專業成長中扮演什麼角色？

我堅信師友計劃(mentorship)是讓人在個人與事業上成長的里程碑。本校的 Medicine Career Workshop 就是將專業師友早期融入學生學習旅程的一個例子。我為能夠實實在在幫助過百位師弟感到非常榮幸，尤其看到他們也開始把自己的經驗傳授下去，薪火相傳。讓我們攜手並肩，繼續服務社會。

Mr. Oswald Lim

Paul Liu (87)



I am filled with absolute joy at the amazing chance to interview Mr. Oswald Lim, an outstanding alumnus hailing from the prestigious class of 1954. What truly makes this interview a remarkable experience is the fact that Mr. Lim is not only a highly respected graduate but also the son of the legendary Tiger Lim, one of the founding teachers who played an instrumental role in shaping the legacy of La Salle College. During our conversation, Mr. Lim graciously shared numerous captivating stories about our beloved Alma Mater, further deepening my appreciation for its rich history and profound impact.



New Year Dim Sum Lunch @ YVR

Victor Leung (77)

As part of the kickoff celebration for 2024, our first quarterly dim sum gathering for the year was held in January 13 at the Parkhill Seafood Restaurant in Richmond. A total of 22 members and guests attended the dim sum gathering.

This gathering was the last dim sum lunch organized by Nick Domingo who has decided to step down as Director after serving Vancouver Chapter for over the past 10 years. Nick, with help from Frankie Au, were instrumental in organizing our quarterly dim sum gathering for the past number of years. On behalf of Vancouver Chapter, we like to thank Nick for his past contributions to help create gathering opportunities for fellow members of Vancouver Chapter!



Class of 77 Mini-Reunion

Victor Leung (77)

As part of a La Salle tradition, the Class of 1977 are known to organize small gatherings in Hong Kong. But not often could fellow classmates residing overseas could participate in these fun gatherings, but only to share the joy and laughter via circulating photos captured at the gatherings. That's why our class year reps, led by Charles Chan et al, decided to organize a mini-reunion when they learned that a number of overseas brothers would be visiting Hong Kong in December 2023, for not often would we have 77ers from San Francisco (Gerald Soo), Vancouver (Herbert Liu & Victor Leung), Toronto (Gordon Tam), and UK (Christopher Liu) all visiting Hong Kong at the same time! The host organizers had put in a true effort to ensure the mini-reunion were full of non-stop activities with four back-to-back gatherings all compressed in one short week!

Kick-off Dinner 黯然銷魂飯局

The mini-reunion was formally kicked off with a welcoming dinner. The host organizers certainly know how to advertise their functions by giving the dinner a catchy title - 黯然銷魂飯局, instead of 叉燒煎蛋飯! For those who are unaware of this term, “黯然銷魂飯” was sourced from a 1996 Hong Kong Movie 食神. According to [Michelin Guide](#), 《食神》中周星馳飾演的史提芬周，落難時曾遭莫文蔚飾演的火雞贈了一碗叉燒煎蛋飯，他在結局食神大賽中做出一碗叉燒煎蛋飯，就叫「黯然銷魂飯」。





The Main Event – Lunch at Shatin Racetrack

The main reunion lunch was held at the Shatin Racetrack and had drawn a total of 32 participants. The host organizers were considerate and thoughtful that they had organized different car-pool rides for the overseas classmates, and those who also needed a ride to the racetrack. Lester Huang, our Head Boy, had reserved a private room for our reunion. Endless supply of gourmet food and drinks were served. As seen from the photos below, everyone was having good time at the gathering, especially when some of them had not met for over 40 years.





St Andrew's Day Whisky Dinner

If you are one of the whisky connoisseurs at La Salle, you might have heard of the Whisky Guzzlers (WG), a Lasallian whisky appreciation fraternity started by a group of 77ers and now comprises of Lasallians from 5 decades. As our 77er mini-reunion happened to fall on the same week of the WG annual St Andrew's Day dinner, some of the overseas brothers were invited to join this formal black tie function. Not too often do you see folks dressed up for the special occasion!



Harbour Cruise- Seafood Dinner at Ping Chau Island

The mini reunion was wrapped up with a Victoria Harbour Cruise, followed by seafood dinner at Ping Chau. With beautiful sunset scenery, good company and good food, what more can one ask for.



On behalf of the overseas brothers and those who attended this special mini reunion, a sincere and big thank you to the reunion organizers, for we know a lot of efforts and planning were put in making this week-long reunion fun and memorable! Looking forward for another reunion in near future!

Global Photography Club

Vitor Leung (77)

Those who are close to me know that I like taking photos. My interest in photography started when I was less than 10 years old when my late uncle introduced me the skill of photography. At the time, I was more fascinated on the photo equipment such as the camera and the flashbulb than the photo image itself. But with the sad passing away of my late uncle who succumbed with cancer in his early 30s, my journey on photography came to its first pause until I discovered and joined the LSC Photography Club in Form 1.



Looking back, I still have very fond memories of the LSC Photography Club (or Society?). Back in the early 70s, photography was still a luxury for many. Not only was film expensive, but the post-filming photo development was also out of reach for most students. The general public could only afford to shoot in B&W and developed the final photos in 3" x 5" standard size. As a young member of the Photography Club, I received many benefits to help me overcome some of these challenges. The Club would offer



negative film reloading from used cassettes provided by members on a cost-recovery bases. Members were also offered film development and photo enlargement classes by senior-Hings. We would also have free access to the Club's darkroom to process our film and transformed our shoot into amazing and very impressive full letter size B&W photos! Even though we did not have photoshop back then, we were taught different darkroom tricks to fine tune our photos. That was sure a very fun and magical moment of my photo-taking journey. But with my graduation LSC and subsequent relocation to Canada in 1977, my amateur photography journey came to a second pause when suddenly everything became expensive again.

With the advancement in digital photography in cellphone and digital camera, like many, I become active again in photography, but mostly confined to casual family photo-taking. From time to time, I would visit different online photo posting sites and appreciate the professional standard photo postings in the virtual world. At times, I would join a couple of close friends for casual photo-taking trip. Photography was still somewhat lonely at the time. But that all changes when I was learned about and joined the Old Boys Photography (Whatsapp) Chatgroup in early 2022.

“這群組主要是 Ace Wong (64) 師兄希望發起各師兄弟攝影同好，自行組織攝影團，或安排一些有經驗的師兄弟交流攝影經驗！但由於疫情關係，安排活動暫時要延期舉行”

As stated in the chatgroup heading above, the OB Photography group was first started by Ace Wong (64) and Paul Liu (87) et. al. first intended to organize fellow Lasallians who are interested in photography for different photo-taking field trips. However, due to the pandemic, the organizers decided to meet up in the virtual world via Whatsapp chatgroup to share their insights and photo-taking experiences. To everyone's surprise, this group has quickly attracted many new members within a very short time. To-date, the group has attracted an amazing 174 members!!! I suspect the organizers might also be taken by surprise that their chatgroup has leaped beyond Hong Kong and quickly transformed into a Global (LSC) Photography Club, which has now attracted fellow Lasallian from across the world.

In addition to having the opportunity to view the many breathtaking photos posted by fellow Lasallians, I have identified two elements that help attributed to the success of this chatgroup – (1) a very inclusive atmosphere and (2) a wide spectrum of photo related discussion topics.

Amongst the many members, this group consists of a very wide spectrum of photographers ranging from amateur (like myself) who mainly takes casual photos with cellphone camera to very professional photographer whose prime career is photography and also teaches photography classes. In many open forums, the atmospheres can be somewhat exclusive where only the elites would place photo postings on the chatgroup and the amateur would be discouraged from active participation. Yet, I have found the atmosphere in this group very friendly and that there are no such thing as bad photo postings. From time to time, the professionals will give pointers to the amateur and showcase different photo-taking concepts. Not only everybody felt welcome in the group, but they have also benefit from receiving improvement opportunities from the experienced photographers. That reminds me of the good old days when I was a junior member of the LSC Photography Club!

The second thing that impressed me with this group is the breath and wide spectrum of different photo postings and discussions. There are photo postings from a wide range of topics including human portrait, landscape, wildlife, astronomy, street scene, and macro-photography. From time to time, members would also share their experiences and insights on the photo hardware (camera and lens) and different photo techniques and settings. From time to time, a simple photo posting would side spin to recollections of the good old days fond memories related to that single image. The discussions and photo postings are simply endless. Through these chat exchange, we have established new friendship from Lasallians from far away. This chatgroup has definitely brought us closer together, all because we share a common interest – Photography!

In closing, I like to share with readers some of my own photo postings and hope this will serve as catalysts for future photo postings from other members. For those who are interested in joining the Virtual Global Photography Club, please visit <https://chat.whatsapp.com/K1JgrwOcZTt4D06OfmbtB9>



New York/Tri-State Region Chinese New Year Celebration

Chinese New Year Celebration – 2024

Please kindly reserve the date for this very special gathering and join everyone in welcoming the Year of the Dragon.

Date: February 17, 2024 (Saturday)

Place: Orchid Chinese Restaurant

730 Franklin Avenue

Garden City, NY 11530

(516) 742-1116

Time: 12:30 p.m. – 4:00 p.m.

Cost: TBD – (pending on the number of participants)

Menu: House Special

RSVP: Please kindly contact Peter Lai (laip888@gmail.com) or text him at (609) 731-6880 before February 8, 2024.

Please do not miss this New Year celebration with all Old Boys' families and a very special treat from James Ng (66) as always.

Toronto Louis Pomeroy Memorial Mah Jong Tournament/ Chinese Spring Dinner

On behalf of HKLSOBA-Toronto, I would like to invite you, your family, and your friends to join our Louis Pomeroy Memorial Mah Jong Tournament/ Chinese Spring Dinner.

Date: 10 March 2024 (Sunday)

Venue: NKS BANQUET HALL 帝寶名宴 (8360 Kennedy Road, Unit B06, Markham, ON L3R 9W5)

Mah Jong Tournament: 1-6 pm

Dinner: 7 pm

Cost per head: \$60.00 inclusive of both mahjong and dinner, \$55.00 for dining only (\$30 for those at school and Free for seniors over 80 years of age)

Please RSVP by March 3 2024 at 647-928-5880 or at kevinkwok26@gmail.com. Kindly let me know if you are attending the tournament, dinner, or dinner only.

Kevin Kwok (88)

President

HKLSOBA- Toronto

About the North American Lasallians

This newsletter is aimed at providing an electronic platform for communication & sharing among La Salle old boys in North America. It is not meant to be used as an instrument for promoting any personal agenda. The editorial board reserves the rights to oversee and edit all submissions, to ensure all contents shall meet our publication standards, as well as appropriate for the newsletter's intended audience & global circulation. Our editorial board has the exclusive right to reject submissions deemed to be not in line, or incompatible with the purpose or spirit of this newsletter at our sole discretion.

Previous issues of the newsletter are available on HKOBA website at <https://www.lscoba.com/north-american-lasallians-newsletter/>

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The Chief editors appreciate HKOBA and Paul Liu (87) for their contributions to this issue.

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